

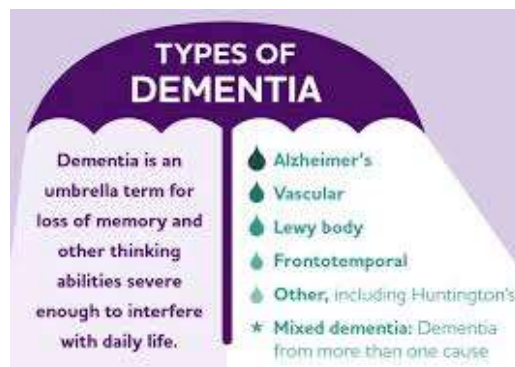
ACADEMY MEDICAL CENTRE

Patient Participation Group

Our Patient Participation Group (PPG) information page focuses on Dementia this month.



Dementia is a group of conditions that may be caused by a range of diseases that affect the brain. This may result in changes to brain function, thinking, behaviour, and the ability to carry out everyday tasks. It may be described as progressing over a range of stages: early/mild, moderate, and severe/advanced. The most common type of dementia is Alzheimer's disease. Other common types include vascular dementia, frontotemporal dementia, or dementia associated with Parkinson's disease.



Talking to someone you know about the problems they are having with their memory can help them to get the support they need.

There isn't a right or wrong way to discuss what you've noticed. However, it can be a good idea to consider in advance what you want to say.

If you have dementia or have concerns, contact your local surgery for information or advice.

Resources and Support



Most organisations have a website or information on Facebook, Instagram, and X (formerly Twitter)

Your Local Surgery

Contact your local surgery for information for advice.

ACADEMY
MEDICAL CENTRE

<https://www.academymedicalcentre.co.uk>



Angus Council – Angus Health and Social Care Partnership (Support for people newly diagnosed with dementia)

https://www.angus.gov.uk/social_care_and_health/dementia/support_for_people_newly_diagnosed_with_dementia



Kirrie Connections – Dementia Support Hub – Check Facebook Page

Phone: 01575 520140

Email: info@kirrieconnections.com

<https://www.kirrieconnections.com>



Alzheimer's Scotland Angus Dementia Carer

<https://www.alzscot.org/living-with-dementia/getting-support/find-support-near-you/angus-dementia-resource-centre>



Alzheimer's Scotland

24 hour Freephone Dementia Helpline: 0808 808 3000

<https://www.alzscot.org>



Angus Carers Centre

Telephone 01241 439157 email enquiries@anguscarers.org.uk

<https://www.anguscarers.org.uk>



Voluntary Action Angus

Telephone: 01307 466113 info@voluntaryactionangus.org.uk

<https://www.voluntaryactionangus.org.uk>



Age Scotland – Dementia Awareness

Helpline: 0800 12 44 222

<https://www.agescotland.org.uk/information-advice/information-workshops/dementia-training/dementia-awarenesss>

Benefits Advice – For advice about entitlements and a benefits check call the Age Scotland helpline on 0800 12 44 222.

<https://www.agescotland.org.uk/information-advice/dementia/58-benefits-for-someone-living-with-dementia>



Age Scotland – Dementia Information and Training

<https://www.agescotland.org.uk/how-we-help/dementia>



Age Scotland – A Guide to Power of Attorney in Scotland

<https://www.agescotland.org.uk/information-advice/information-guides/legal-and-family/111-power-of-attorney>



Age Scotland The Adults with Incapacity (Scotland) Act (2000)

<https://www.agescotland.org.uk/information-advice/information-guides/legal-and-family/112-legal-options-for-someone-who-has-lost-capacity>



Dementia Scotland

contact@dementiascotland.org.uk Telephone: 0141 3547631

<https://www.dementiascotland.org.uk>



LGBT Health – Dementia

Telephone: 0131 564 3970

admin@lgbthealth.org.uk LGBT Helpline 0800 464 7000

www.lgbthealth.org.uk



Alzheimer's Society

LGBT Living with Dementia

<https://www.alzheimers.org.uk/get-support/daily-living/lgbt-living-dementia>



Dementia UK

<https://www.dementiauk.org>



NHS Inform Scotland About Dementia

<https://www.nhsinform.scot/illnesses-and-conditions/brain-nerve-and-spinal-cord/dementia/>



NHS Inform Scotland – Living Well with Dementia

<https://www.nhsinform.scot/illnesses-and-conditions/brain-nerve-and-spinal-cord/dementia/living-with-dementia/living-well-with-dementia/>



Royal National Institute for the Deaf

RNID Hearing Loss and Dementia

<https://rnid.org.uk/hearing-research/hearing-loss-and-dementia-how-are-they-linked/>

R N I B

See differently

Royal National Institute for the Blind.

RNIB Dementia and Sight Loss

<https://www.rnib.org.uk/your-eyes/navigating-sight-loss/dementia-and-sight-loss/>



Foundation for People with Learning Disabilities

Dementia and Learning Disabilities

<https://www.learningdisabilities.org.uk/learning-disabilities/a-to-z/d/dementia>



Independent Living Angus (Angus Health and Social Care Partnership)

<https://independentlivingangus.org.uk/assess/areas-of-help/area/PersonalCare/4ee71790-5145-4368-b88f-66b0ff5ba51/groups/0787a6a6-1b3f-4475-a680-90e12b4f0432/view/local-information-groups-that-support-people-with-alzheimers-disease-or-dementia>



Dementia Services Development Centre Stirling University

News, Training, Publications, Resources

<https://www.dementia.stir.ac.uk>



Self-Directed Support Scotland – SDSS champions local Independent Support organisations who provide quality advice and support on Self-directed Support.

<https://www.sdsscotland.org.uk>



Scottish Dementia Working Group

The Scottish Dementia Working Group (SDWG) is a national, member led campaigning and awareness raising group, for people living with a diagnosis of dementia in Scotland.

<https://www.alzscot.org/our-work/campaigning-for-change/have-your-say/scottish-dementia-working-group/about-the-sdwg>



A Local Information System for Scotland (Directory of local services)

<https://www.aliss.org>



Dementia and Driving

<https://www.gov.uk/dementia-and-driving>



Scottish Government – Dementia

<https://www.gov.scot/policies/mental-health/dementia/>



Scottish Government – New Dementia Strategy for Scotland

<https://www.gov.scot/publications/new-dementia-strategy-scotland-everyones-story/>

<https://www.gov.scot/binaries/content/documents/govscot/publications/strategy-plan/2023/05/new-dementia-strategy-scotland-everyones-story/documents/dementia-scotland-everyones-story/govscot%3Adocument/dementia-scotland-everyones-story.pdf>

This short guide is not exhaustive – consult your local surgery for information.

If you know any other support groups in Angus, please let us know.