

Academy Medical Centre Newsletter Summer 2024



Public Holidays—2024

We will be closed all day on the following Public Holidays –

- Monday 22nd July
- Monday 7th October

We will be closed in the afternoon from 1pm to 6pm for staff training on:

- Wednesday 4th September

If you take regular medications, please ensure you check you have enough left to cover whilst the practice is closed. It's also *important not to over order*, so only request what you need, and make sure you don't run out of anything during that time.

If you are ill during the days the practice is closed, and you can't wait until it reopens, help will be available from a range of NHS services, from your pharmacy and minor injuries

Practice Updates—CTAC Services at the practice

Did you know that CTAC stands for Community Treatment and Care Services?



The CTAC Services is about giving patients safe, convenient and comprehensive access to treatment and care services that are located within the community where they live. It's about re-designing services in Primary Care as part of a national strategy.

CTAC provides services such as wound care management, blood tests and monitoring of chronic disease, ear wax management etc.

Previously, all CTAC services for the practice were performed at Whitehills Health and Community Centre. However starting July 15th 2024, we are pleased to announce that investigation services for our patients will run on site at the Academy Medical Centre. Treatment services will remain at Whitehills momentarily.

More information regarding CTAC can be found here - https://www.nhstayside.scot.nhs.uk/OurServicesA-Z/PrimaryCareImprovementProgramme/PROD_354430/index.htm

For services and the latest practice news let us know your email address and we will add you to our mailing list or visit

www.academymedicalcentre.co.uk

You can also follow us on Facebook, X (Twitter) , Instagram and YouTube
@ForAcademyMed



Your feedback means a lot...

GREAT
WORK

"I was a bit apprehensive of moving to the surgery but I am very happy with the service and staff at Academy medical centre"



"I would like to express my sincere thanks for the experience I had with Dr Sinclair.

I had the symptoms of a chest infection. I was feeling very unwell and knew my own body enough to know I needed antibiotics. He was empathetic understanding and compassionate.

Truly a refreshing easy experience. Felt better in 36 hours "

"Outstanding service from the team at Academy Medical Centre. In a time when there are so many negative comments about the NHS, I cannot fault the service my dad has received recently from the quick response to the friendly manner of the reception team and GP each time we've been in contact.

Fantastic turnaround time from making the initial call to being referred to physio and new medication all within the space of a week. The team genuinely care about their patients, despite being so busy, they took the time to really understand the symptoms to take the right course of action for my dad.

Thank you Academy Medical Centre, we are really grateful for the fantastic service you provide to your patients "

"I would like to commend the practice for the wonderful service I get from each and every one of the staff members at Academy"

At our practice, we welcome feedback.

It is particularly heart-warming for the entire staff when we receive positive comments.

We encourage you to get in touch and share your positive experiences with us.

www.academymedicalcentre.co.uk

Follow us on Facebook, X (Twitter), Instagram and YouTube
@ForAcademyMed

Care Navigation— Community Link Workers

Remember, there are other healthcare services that can help you with your needs and our admin staff will support you with directing you to the right place. One of the services our practice admin staff can signpost you to are Community Link Workers

What can a Community Link Worker help with?



To find out more about Community Link Workers, you can visit their website here:
<https://www.voluntaryactionangus.org.uk/community-link-workers/>

Upcoming Awareness Campaigns

June: Dementia Awareness week

<https://www.nhsinform.scot/illnesses-and-conditions/brain-nerves-and-spinal-cord/dementia/>

July: Osteoporosis Prevention and Care

<https://www.nhsinform.scot/illnesses-and-conditions/muscle-bone-and-joints/conditions/osteoporosis/>

Nutrition & Physical Activity

<https://www.healthscotland.scot/health-topics/physical-activity/physical-activity-overview>

August : LGBT Health Awareness

<https://www.academymedicalcentre.co.uk/lgbti/>

Breastfeeding Awareness

<https://www.nhsinform.scot/search?q=breastfeeding&locpt=55.378051%2C->



www.academymedicalcentre.co.uk

Follow us on Facebook, X (Twitter), Instagram and YouTube
@ForAcademyMed

We need YOU! Please sign up to SHARE today!

SHARE, The Scottish Health Research Register and Biobank, is a register of people aged 11 years and over, who are interested in helping health research and being contacted by SHARE if a relevant health project becomes available.

Health research can be anything from filling in an online survey about your diet, to researching a new medication for an illness you may have.

SHARE also seeks your permission to keep any leftover blood following routine clinical tests (e.g., if you have given a blood test at your GP). This leftover sample is anonymised and can be used to help genetic research.

There is no obligation to take part in any studies if you don't want to. Signing up to SHARE also allows us to keep you informed of what research is available in Scotland.

The Scottish Health Research Register & Biobank

Treatments and cures for disease are not possible without health research.

Taking part in research can be anything from completing a survey to testing new medicines.

You can help by signing up today



Sign up online www.registerforshare.org

If you have any questions or wish to register by telephone please call 01382 383471



www.academymedicalcentre.co.uk

**Follow us on Facebook, X (Twitter), Instagram and YouTube
@ForAcademyMed**