



Travel Clinic Service

The Practice is unable to provide a full travel advice service. Our Practice Nurses will provide advice and immunisations for short, non-complex holidays abroad, i.e. **less than 1 month in one country only**. Please complete the attached form and make a telephone consultation with the Practice Nurse.

If your holiday is more complex please see the list below of local private clinics available in our area. These clinics can provide specialist travel risk assessments, advice and vaccinations. Useful websites to access are: www.fitfortravel.nhs.uk or www.symptoms-of-malaria.com.

Area	Location	Telephone Number
Forfar	Lour Road Surgery	01307 463122
Arbroath	Abbey Health Centre	01241 878645
Dundee (City Centre)	Superdrug, Wellgate Centre	03330 143289
Dundee (Broughty Ferry)	Grove Health Centre	01382 778881
Perth	Perth Travel Clinic	07967 622186

Academy Medical Centre will not recommend a particular clinic and cannot guarantee this is a comprehensive list of private clinics operating in the area.

If you attend any of the above travel clinics and once you have had the necessary risk assessment, if any of the vaccinations **listed below** are required, please hand in your printed travel assessment to the Academy Medical Centre reception who will arrange an appointment with the Practice Nurse for you to receive any of the below mentioned vaccines. **Without the information from the travel clinic assessment the Nurse may not be able to help you.**

- Hepatitis A
- Hepatitis A+B (combination)
- Hepatitis A and Typhoid (combination)
- Diphtheria/Tetanus/Polio
- Meningitis ACWY
- Typhoid

The Academy Medical Centre will administer the **above vaccinations for FREE**. Any other vaccine recommended by the private clinic will be provided by them. Malaria prophylaxis in most cases is by private prescription and cost is determined by the pharmacy.

⚡ 4 Steps to Travel Vaccinations and Advice for Academy Medical Centre Patients ⚡

⚡ **Step 1:** Attend Private Travel Clinic (at least 8 weeks before date of travel) or complete Academy Medical Centre Travel Form (only if holiday is less than one month and one destination). ⚡

⚡ **Step 2:** If free vaccines are required (see list above), hand in third party travel assessment or completed AMC Travel Form Reception to arrange telephone appointment with Practice Nurse ⚡

⚡ **Step 3:** Our Practice Nurse will contact you to discuss and arrange an immunisation schedule (for free vaccines). ⚡

⚡ **Step 4:** Our Practice Nurse will administer vaccinations (as listed on prescription) at no cost to you. ⚡

SECTION 1 – To be completed by patient

Name		DOB		
Address		Telephone Number		
Country to be visited		Exact Locations		
Tick as appropriate	Hotel	Backpacking	Cruise	Villa
When are you going		For how long?		
Did you receive all your childhood vaccinations?				Yes/No
Do you take medications such as immunosuppressants or high dose steroids?				Yes/No
Do you know of any reason why you should not have a live vaccine?				Yes/No
Have you any allergies?				Yes/No
Are you pregnant or planning pregnancy in the next 12 months?				Yes/No

Section 2 – To be Completed by Nurse

Vaccine Advised	Up to Date	Vaccine Required	Risks Discussed
Malaria Prophylaxis	Advised	Yes/No	
		Contra-indications	
Doxycycline			
Mefloquine			
Malarone			
Proguanil+Chloroquine			
Advice Leaflet To Be Given			Yes/No
Travel Clinic Advised	Yes/No	Reason	