

The aim was to establish an innovative approach to supporting people living with long-term health conditions in Letham

Comments

"Local – saved me getting the bus"

"The visit was really well conducted from driver pick up 'til the end. Location really handy in Letham"

"An excellent facility, easy parking and no queues"

"Glad we have a clinic here in Letham"



Outcomes

- From 2015-2017 there has been a 400% increase in activity at the nurse-led clinic
- 50% rise in number of patient numbers over 3 months
- Reduced community nurse case load
- Reduced travel in village for nurses
- More efficient use of community nurse time

Challenges

- Time
- Partnership "buy in"
- Communication
- Managing expectations
- Culture change

Encourage patients to take ownership of their own health needs

Shared Practice Access enables appointments to be made by each practice and the nursing team

Electric Car to transport Patients using volunteer drivers

Long-term Condition annual reviews commenced



Steering Group formed

Partnership Working

- Community
- Voluntary Action Angus
- Community nursing
- GPs
- Pharmacy

Easy access for community to Health & Wellbeing Centre

Current Related Health Services

- Community Pharmacy
- Community Nursing Service
- Cardiac Specialist Nurses
- Letham Health and Wellbeing Centre (not being used to its full potential)
- Podiatry



The Surgery Pod is a secure system that will accurately record and take measurements, such as weight and blood pressure and electronically send these directly to the patient's GP. This allows patients to monitor some aspects of their own health without having to visit the GP practice. Volunteers are on hand to assist people to use the Pod.

Strategic Overview

- Genuine community engagement, which is at the heart of constructing new cultures of care
- Community willing, in time, to effectively commission their own care
- Progressive approaches that support individuals to live longer & healthier lives are emphasised
- Using House of Care model to plan and shape services

Background

- Letham village is in North East Scotland
- Population approx. 3100
- Community push for GP surgery not supported
- People registered with 8 different GP surgeries
- Almost 30% of patients in Letham are over 66 years of age
- 6 miles to nearest town and GP surgery
- Poor transport links

